2022 Heluna Health Global Cultural Calendar
# Global Cultural Calendar

## 2022

### JANUARY

1: NEW YEAR'S DAY  
4: WORLD BRAILLE DAY  
6: THREE KINGS DAY OR DIA DE LOS SANTOS REYES  
7: ORTHODOX CHRISTMAS DAY  
14: ORTHODOX NEW YEAR  
16: WORLD RELIGION DAY  
17: MARTIN LUTHER KING, JR. DAY  
18: NATIONAL DAY OF RACIAL HEALING  
25: BURNS NIGHT  
27: HOLOCAUST MEMORIAL DAY  

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2022 FEBRUARY

1: LUNAR NEW YEAR  
(Attrs: Chinese New Year)  
4: WORLD CANCER DAY  
6: INTERNATIONAL DAY OF ZERO TOLERANCE FOR FEMALE GENITAL MUTILATION  
14: VALENTINE’S DAY  
21: INTERNATIONAL MOTHER LANGUAGE DAY  
21: PRESIDENTS’ DAY  

- Black History Month  
- American Heart Month  
- National Cancer Prevention Month
2022 MARCH

1: MARDI GRAS
1: SHROVE TUESDAY
2: ASH WEDNESDAY
8: INTERNATIONAL WOMEN’S DAY
10: NATIONAL WOMEN AND GIRLS HIV/AIDS AWARENESS DAY
10: HARRIET TUBMAN DAY
16: START OF PURIM
17: ST. PATRICK’S DAY
17: HOLI
21: WORLD DOWN SYNDROME DAY
21: U.N. INTERNATIONAL DAY FOR THE ELIMINATION OF RACIAL DISCRIMINATION
30: NATIONAL DOCTORS’ DAY
31: TRANSGENDER DAY OF VISIBILITY
31: CESAR CHAVEZ DAY

- Women’s History Month
- National Developmental Disabilities Awareness Month
- National Multiple Sclerosis Education and Awareness Month
- National Nutrition Month
- Deaf History Month (March 13 - April 15)
- National Colorectal Cancer Month
- Sexual Assault Awareness Month
2022
APRIL

1: START OF RAMADAN
2: WORLD AUTISM AWARENESS DAY
4-10: NATIONAL PUBLIC HEALTH WEEK
7: GLOBAL HEALTH DAY
11-17: BLACK MATERNAL HEALTH WEEK
12: EQUAL PAY DAY
15: START OF PASSOVER
15: GOOD FRIDAY
15: JACKIE ROBINSON DAY
15: EMANCIPATION DAY
17: EASTER
21: FIRST DAY OF RIDVAN
22: EARTH DAY
22: NATIONAL DAY OF SILENCE
24: ARMENIAN GENOCIDE REMEMBRANCE DAY
27: ADMINISTRATIVE PROFESSIONALS’ DAY
27-28: YOM HASHOAH (HOLOCAUST REMEMBRANCE DAY)
28-30: NATIVE AMERICAN GATHERING OF NATIONS

• Arab American Heritage Month
• Autism Awareness Month
• National Child Abuse Prevention Month
• National Minority Health Month
• Armenian Heritage Month
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2022
MAY

- 2-3: EID AL FITR
- 2-4: SHAVUOT
- 5: CINCO DE MAYO
- 6-12: NURSES’ WEEK
- 8: MOTHER’S DAY
- 10: MEXICAN MOTHER’S DAY
- 21: WORLD DAY OF CULTURAL DIVERSITY
- 24: ERITREAN INDEPENDENCE DAY
- 25: AFRICA DAY
- 30: MEMORIAL DAY

• Asian/Pacific American Heritage Month
• Jewish Heritage Month
• Haitian Heritage Month

Heluna Health
Global Cultural Calendar
2022 June

12: Filipino Independence Day
19: Juneteenth
19: Father’s Day
20: Juneteenth (Observed)

- LGBTQIA+ Pride Month
- Men’s Health Month

Global Cultural Calendar
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**2022 JULY**

4: UNITED STATES OF AMERICA INDEPENDENCE DAY
18: MANDELA DAY
20: COLOMBIAN INDEPENDENCE DAY
# 2022 AUGUST

1-7: WORLD BREASTFEEDING WEEK  
3: BLACK WOMEN’S EQUAL PAY DAY  
7-13: NATIONAL HEALTH CENTER WEEK  
9: INTERNATIONAL DAY OF THE WORLD’S INDIGENOUS PEOPLE  
9-15: NATIVE BREASTFEEDING WEEK  
21: NATIONAL SENIOR CITIZEN DAY  
23: INTERNATIONAL DAY OF REMEMBRANCE OF THE SLAVE TRADE AND ITS ABOLITION  
25-31: BLACK BREASTFEEDING WEEK  
26: WOMEN’S EQUITY DAY  
• National Breastfeeding Month

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*Note: Calendar includes cultural events and holidays.*
Global Cultural Calendar

2022

SEPTEMBER

5: LABOR DAY
10: SUICIDE PREVENTION DAY
11: PATRIOT DAY
11: ETHIOPIAN NEW YEAR
16: MEXICO INDEPENDENCE DAY
23: NATIONAL NATIVE AMERICAN DAY
25-27: ROSH HASHANAH

• National Literacy Month
• National Hispanic Heritage Month
• Healthy Aging Month
• National Suicide Prevention Month
• National Prostate Cancer Awareness Month
Global Cultural Calendar

2022

**OCTOBER**

- **1 October**: International Day of Non-Violence
- **2-8 October**: Mental Illness Awareness Week
- **4-5 October**: Yom Kippur
- **6 October**: German-American Heritage Day
- **9-16 October**: Sukkot
- **10 October**: World Mental Health Day
- **10 October**: Indigenous Peoples’ Day
- **11 October**: National Coming Out Day
- **15 October**: National Latino AIDS Awareness Day
- **16 October**: Boss’ Day
- **31 October**: Halloween

- Global Diversity Awareness Month
- Bullying Prevention Month
- Domestic Violence Awareness Month
- Down Syndrome Awareness Month
- Filipino-American Heritage Month
- Italian-American Heritage Month
- LGBT History Month
- Polish-American Heritage Month
- Health Literacy Month
- Breast Cancer Awareness Month

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Heluna Health

Global Cultural Calendar
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- 1: All Saints’ Day
- 2: All Souls’ Day
- 2: Día de los Muertos
- 4: Diwali
- 8: Election Day
- 11: Veteran’s Day
- 13: World Kindness Day
- 13-19: Transgender Awareness Week
- 14: World Diabetes Day
- 20: Transgender Day of Remembrance
- 22: Lebanon Independence Day
- 24: Thanksgiving
- 29: Giving Tuesday 2022

- American Diabetes Month
- National Lung Cancer Awareness Month
2022
DECEMBER

1: WORLD AIDS DAY
3: INTERNATIONAL DAY FOR PEOPLE WITH DISABILITIES
9: INTERNATIONAL DAY OF COMMEMORATION AND DIGNITY OF THE VICTIMS
10: HUMAN RIGHTS DAY
18-26: HANUKKAH
25: CHRISTMAS
26: BOXING DAY
26: KWANZAA STARTS
31: NEW YEAR’S EVE

• Universal Human Rights Month
“Our ability to reach unity in diversity will be the beauty and the test of our civilization.”

- Mahatma Gandhi